

Julia Royall-Final Report 2007-2008, Uganda
Supplemental report

Matthew, I knew this would happen. I've thought of a few more tips.

Medical Care: Dick Stockley and The Surgery provide great care:
<http://www.thesurgeryuganda.org/> For specialist attention, International Hospital of
Kampala (IHK) is good: <http://www.img.co.ug/index.php>. Also, doctors at Mulago
Hospital have private practices.

Shipping: We found Fedex to be secure, fast, and reliable. The main office is located in
the Serena Hotel downtown.

Telephone: I used MTN's cell phone service and paid for it by the month. I found this
much better than constantly buying phone cards and getting cut off mid-conversation
when the airtime ran out. Also, with the monthly service (costs 15K UGS) you have a
record of all calls and text messages. You can find MTN (and UTL which I mentioned re
Internet) in the Game Store shopping center in Lugogo. You pay bills by the month in
cash (ditto for UTL.)